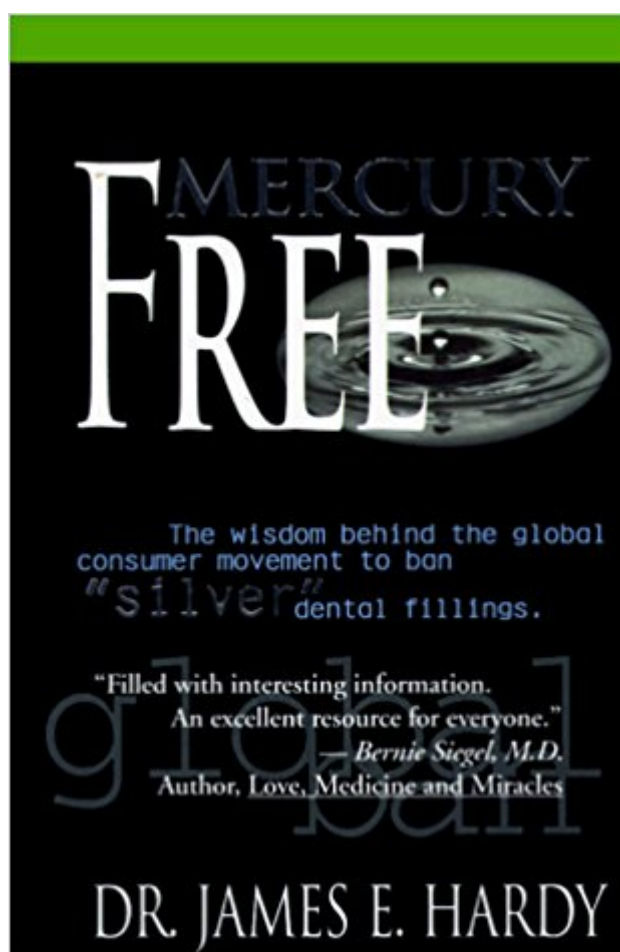




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# Mercury Free: The Wisdom Behind The Global Consumer Movement To Ban Silver Dental Fillings



## Synopsis

MERCURY FREE clearly presents a great deal of medical research and environmental evidence personal letters and professional stands on why mercury use in dental "silver fillings has been banned in some European countries. Dr. Hardy hopes to make the general public aware of the dangers of mercury in dental fillings dangers to their health, and to the environment. He also offers alternative, safer, more durable substitutes.

## Book Information

Library Binding: 259 pages

Publisher: Gabriel Rose Press; 1 edition (January 1, 1996)

Language: English

ISBN-10: 0964930102

ISBN-13: 978-0964930100

Product Dimensions: 5.5 x 0.6 x 8.4 inches

Shipping Weight: 14.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #1,900,793 in Books (See Top 100 in Books) #41 in [Books > Medical Books > Dentistry > Prosthodontics](#) #1595 in [Books > Business & Money > Marketing & Sales > Consumer Behavior](#) #186218 in [Books > Health, Fitness & Dieting](#)

## Customer Reviews

Sweden and Germany have already banned or heavily restricted the use of mercury-silver amalgam fillings for teeth, and Austria, Denmark, and Finland are planning to do so by 2000. Hardy has not used such an amalgam in 15 years. He points out that mercury has long been recognized as dangerous in many body areas and questions why, then, it has been accepted for 160 years as safe for dental work. Fillings made from composite resins, although somewhat more expensive and time-consuming to use, should, he says, be placed in all new cavities and in many cases should be substituted for present amalgam fillings. The American Dental Association and many dentists remain pro-amalgam, Hardy asserts, because of unwillingness to change, higher profits, and fear of litigation. A cogent argument, thoroughly documented. William Beatty --This text refers to an out of print or unavailable edition of this title.

This book will probably never be a best seller b/c it goes against what the American Dental Association has recommended. It's a personal truth for me. Currently I am going through mercury

removal and I know how important it is to get it out of my mouth, and out of my body because mercury is a toxin. I had met Dr. Hardy many years ago and listened to his lecture but was unable to undergo the dental work to remove the mercury because of financial constraints. I saved over the years and now this is really a happy time for me. I just can't understand the greed for money by the dentists who still use mercury and know that all other mercury is banned and yet somehow placing it in someone's mouth is safe. This is a pretty sick practice if they knowingly put someone's health at risk.

I am a physician that has a wellness medical practice in Orlando, FL. I read this book on the plane ride and could not put this book down. I love it! As soon as I got back from vacation I made an appointment to see Dr. Hardy. He is an amazing dentist and is very thoughtful and kind with excellent bedside manners. His staff is also very friendly. I am now proud to say that I am mercury free. I strongly recommend this book to my patients that are not feeling well and have amalgams. Edwin Lee, M.D., F.A.C.E. Author of Feel Good Look Younger (Reversing tiredness through hormonal balance), Your Best Investment (Secrets to a Healthy Body and Mind) and For Kids Only Your Amazing Heart

A must read if you care about your health!

Information that EVERYONE should read! After being diagnosed with high mercury levels from my doctor, I have been researching the devastating effects of mercury poisoning. I am so thankful for Dr. James E. Hardy for speaking out against one of America's most blatantly deceptive organizations in our country, the American Dental Association. He is very thorough in explaining the incredible and numerous effects of "mercury" fillings on the individual, our society and the environment. Even if you don't have "silver" fillings, this does effect you on a daily basis, you just don't know it. Read this book and others to find out how. Give it to those you love with "silver" fillings, and find a "Mercury Free" dentist to remove them properly!

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